



news



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EDITION 1 - JULY 2011

What's new at The Hub?

- The Hub Community Cafe has now opened for service and operates from Tuesday – Saturday from 9am - 9pm. The cafe provides a wide selection of hot and cold foods and is health and hygiene certified.

- The Hub still continues to offer full Gym membership including induction - (£1 charge) at the extremely generous £4 per quarter.

That is a full year gym membership for £16!!!

- The Hub will be launching its summer programme soon in conjunction with North United Communities.

We will be offering a wide range of activity's for various age groups.

24/9/11 Dance Show

31/7/11 Wyndford residents association and Cube fun day

What's On

TUESDAY

10.00 - 12.00 Community Lifestyle Drumming Group (Additional Needs Group)
 13.00 - 15.00 Community Lifestyle Art Group (Additional Needs Group)
 16.00 - 17.00 Homework Club
 18.00 - 19.30 Boys Group – S1+ (Closed)
 18.00 - 19.30 Music Group (starting soon – Phone for details)
 18.00 - 20.00 Stevie Patrick Gym and Fitness Class (16+ must have gym induction)
 18.00 - 20.00 Circuits for Girls and Boys S1 and up.
 19.00 - 21.00 Community Council Meeting (Third Tues of every month)
 19.00 - 21.00 Community Police Drop In (monthly)
 19.00 - 21.00 GCSS Uniformed Services Drop In (Third Tuesday of every month)
 20.00 - 21.00 Youth Arts workshop S1 and up

WEDNESDAY

10.00 - 12.00 Community Lifestyles Drumming Group (Additional Needs Group)
 13.30 - 14.30 Community Lifestyles Zumba (Additional Needs Group)
 14.30 - 16.00 Community Computer Access (16+)
 16.00 - 17.00 Youth Drop In (P1-7)
 16.30 - 17.45 Football Coaching (Primary 4)
 17.00 - 18.00 NUC Boxing (over 8s)
 17.00 - 18.30 Boys and Girls Group
 18.00 - 19.00 Rugby Coaching (P4-7)
 18.00 - 19.30 Girls Group

WEDNESDAY continued

18.00 - 20.00 Stevie Patrick Gym and Fitness Class (16+ must have gym induction)
 18.30 Gym Inductions
 19.00 - 20.00 Zumba
 19.00 - 20.30 Music Group

THURSDAY

10.15 - 11.15 Wyndford Line Dancing
 17.00 - 19.00 Golf Coaching (Primary 4+)
 18.00 - 19.30 Alcohol Education Group (S1+)
 18.00 - 20.00 Youth Art Workshop
 18.00 - 20.00 Stevie Patrick Gym and Fitness Class (16+ must have gym induction)
 18.30 Gym Induction
 18.30 - 20.00 NUC Theatre Group

FRIDAY

10.15 - 11.15 Wyndford Indoor Bowling
 17.30 - 19.00 NUC Youth Drop In (P1 - P7)
 19.00 - 20.30 Educational Group Work (S1 - S6)
 •Alcohol and Drugs Prevention •Sports •Arts and Craft •Drama

SATURDAY

10.15 - 13.00 NUC Breakfast Club
 11.00 - 12.00 Zumba
 12.30 - 13.30 Dance Class
 14.30 - 16.00 Olympic Wrestling Club (All ages)
 18.30 - 20.30 Movie Showcase (S1+)



Contact us

The Hub operates Tuesday to Saturday 9:30am to 9:30pm with a wide range of family and sporting activities, for further information please contact Roddy Sinclair (Centre Manager) on 0141 945 3855
 The Maryhill Hub, 186 Wyndford Road, Glasgow. Tel: 0141 945 3855



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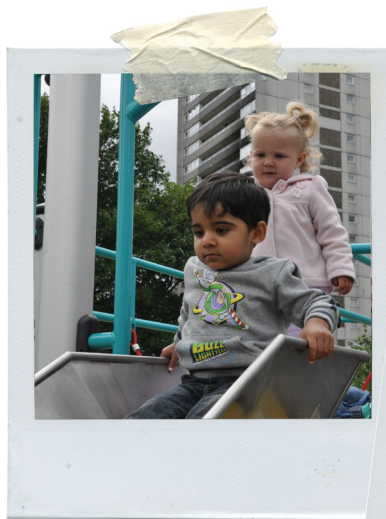
EDITION 1 - JUNE 2011

Coming Soon to The Hub

- Music Sessions
- Outdoor Programme - Mountain Biking, Kayaking, Climbing, etc
- Hip-Hop and Street Dancing
- Trips
- Cooking Classes

OTHER FACILITIES AVAILABLE

- I.T Suite suitable for training and development
- Games Consoles available all day
- Gym and C.V Suite available all day (16+ must have gym induction)
- Gym Inductions –
Wednesday and Thursdays 6.30pm only.
- Meeting rooms and areas available for hire, catering for up to 300 people
- Crèche
- Pool and Table Tennis available all day
- I.T Suite for meetings and seminars- complete with Smart-board screen
- Large projector screen on the stage area for movies, gaming and presentation purposes
- Television and DVD rooms suitable for meetings



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